



New Earth Priestess



Module 20

***With
Kathy Forest***



Module 20

Animal Totem & Devic Connections Meditations



- Connect,
- Call in Sacred Space,
- Call on Priestess Oversoul,
- Open to Receive



YOUR CREATION
VESSEL

OPEN TO
RECEIVE





HOW DID
YOUR SACRED
UNION
CEREMONY
GO?



WORKING
WITH ANIMAL
TOTEMS AND
THE DEVIC
KINGDOM

GO DEEPER

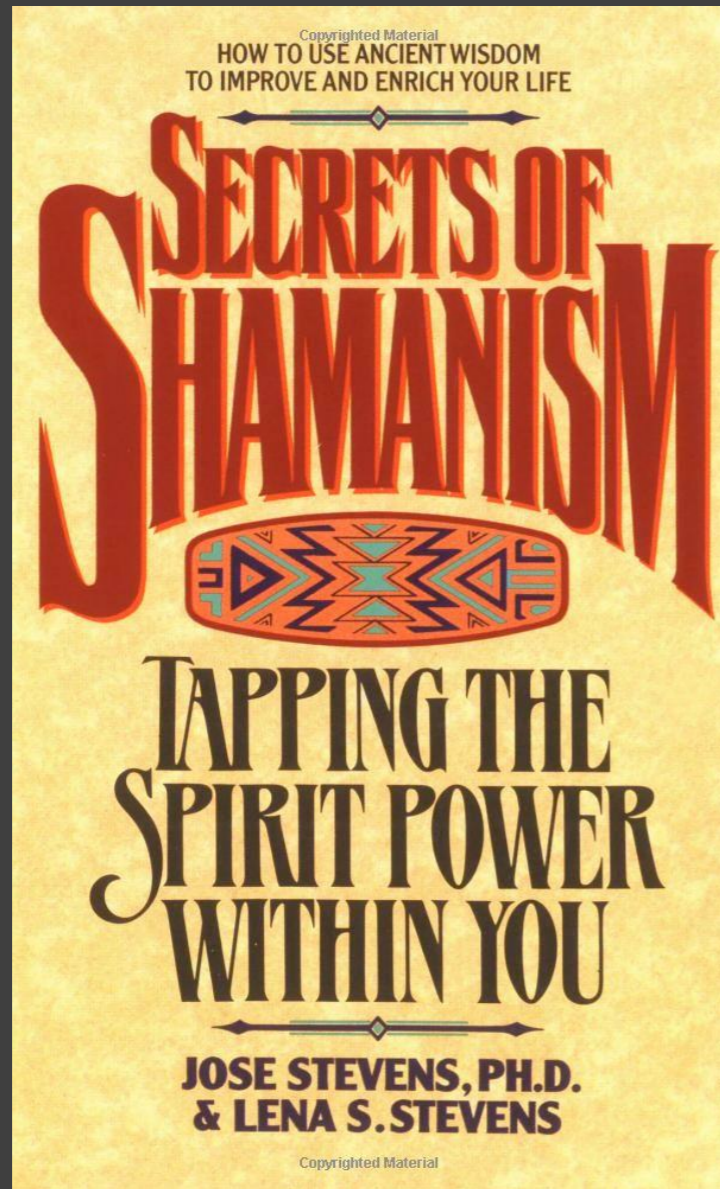


Animal Totem

This is the animal totem we made in Kathy's Extraordinary Soul class. Kathy teaches us that everyone is born with an animal totem, and it's based on your date of birth. If Kathy is still offering this class, I highly recommend it!


My personal animal totem includes Brown Bear, Otter, Buffalo, Elk, Cougar, Sturgeon, Frog and Deer.






- How Messages Work
- Ask for Help
- Watch & Listen

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HOW TO USE ANCIENT WISDOM
TO IMPROVE AND ENRICH YOUR LIFE



SECRETS OF SHAMANISM



TAPPING THE SPIRIT POWER WITHIN YOU



JOSE STEVENS, PH.D.

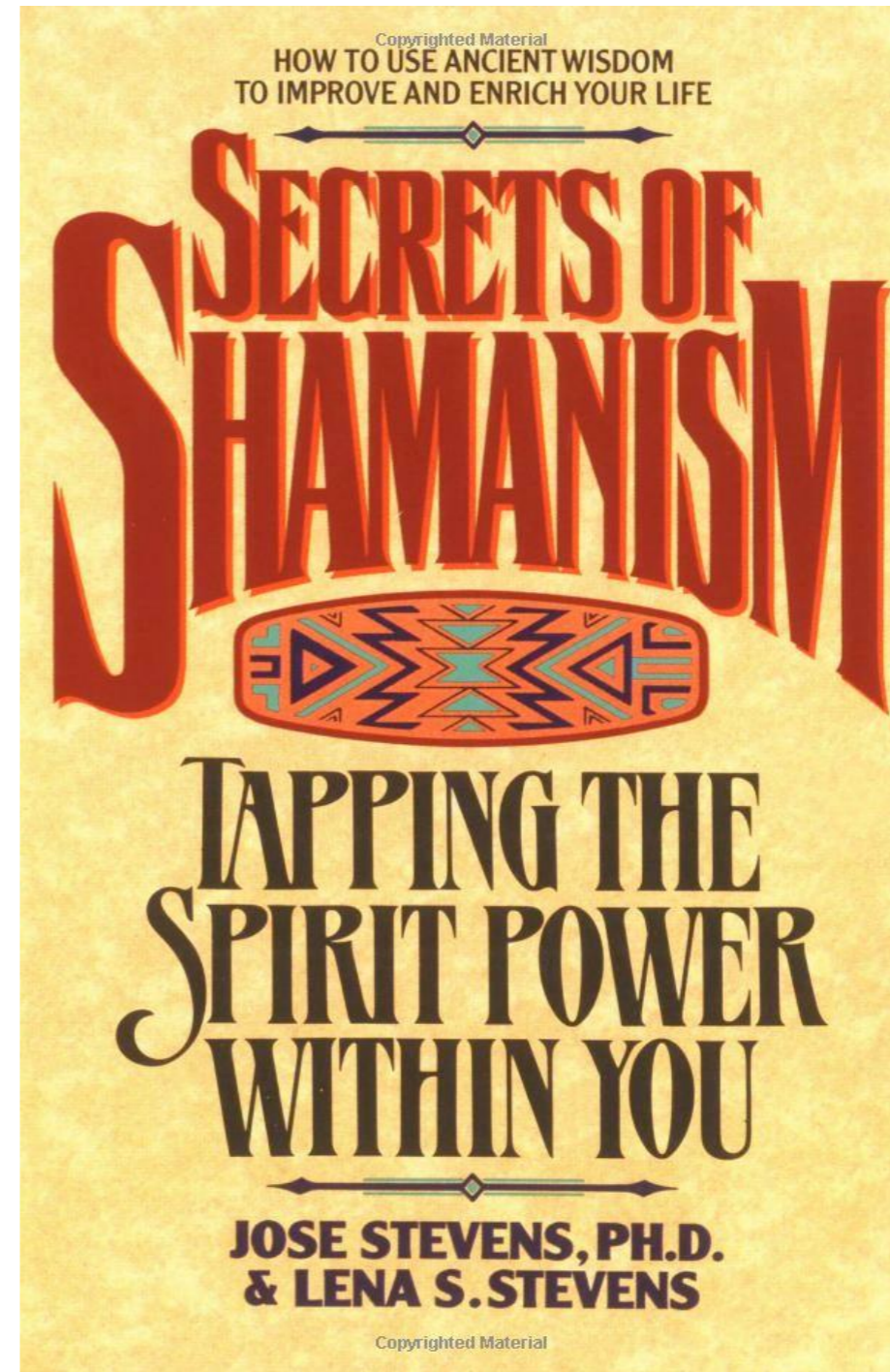
The shaman's power is directly related to their totems or in other words, their animal allies. The greater the totems, the stronger their power animals, the more influential they are. To a shaman, a human being is not better or more aware than an animal. Even though humans largely depend on animals for their source of food, animals, like rocks, have powerful spirits, each with their own talents and are uniquely qualified to assist people in specific areas. The shaman's relationship with animals is a mutually beneficial one. The shaman offers the spirit animal respect and devotion while the animal offers guidance and assistance with a great many tasks beyond the shaman's personal abilities. One of the chief gifts that power animals offer is protection and guardianship to the shaman during arduous tasks. Animal allies may be used to help find lost objects, mediate problematic relationships and in general, assist in the achievement of a challenging goal. Now each power animal has a specialty. So the shaman may need to consult with several if a problem has a variety of aspects to it. The hawk is good at seeing things from afar while the fox is known for its intelligence and cunning

Generally speaking, power animals are wild animals, not domestic ones.

Shamans feel that domesticated animals have lost their power in large part. They serve people in more physical ways than spiritually.

For the shaman, physical animals are just the outward form of the great Spirit of that animal species. So, the animal totem or animal ally is THE BEAR not this bear or that bear. Even so, the outward form of the bear spirit may be revered and honored.

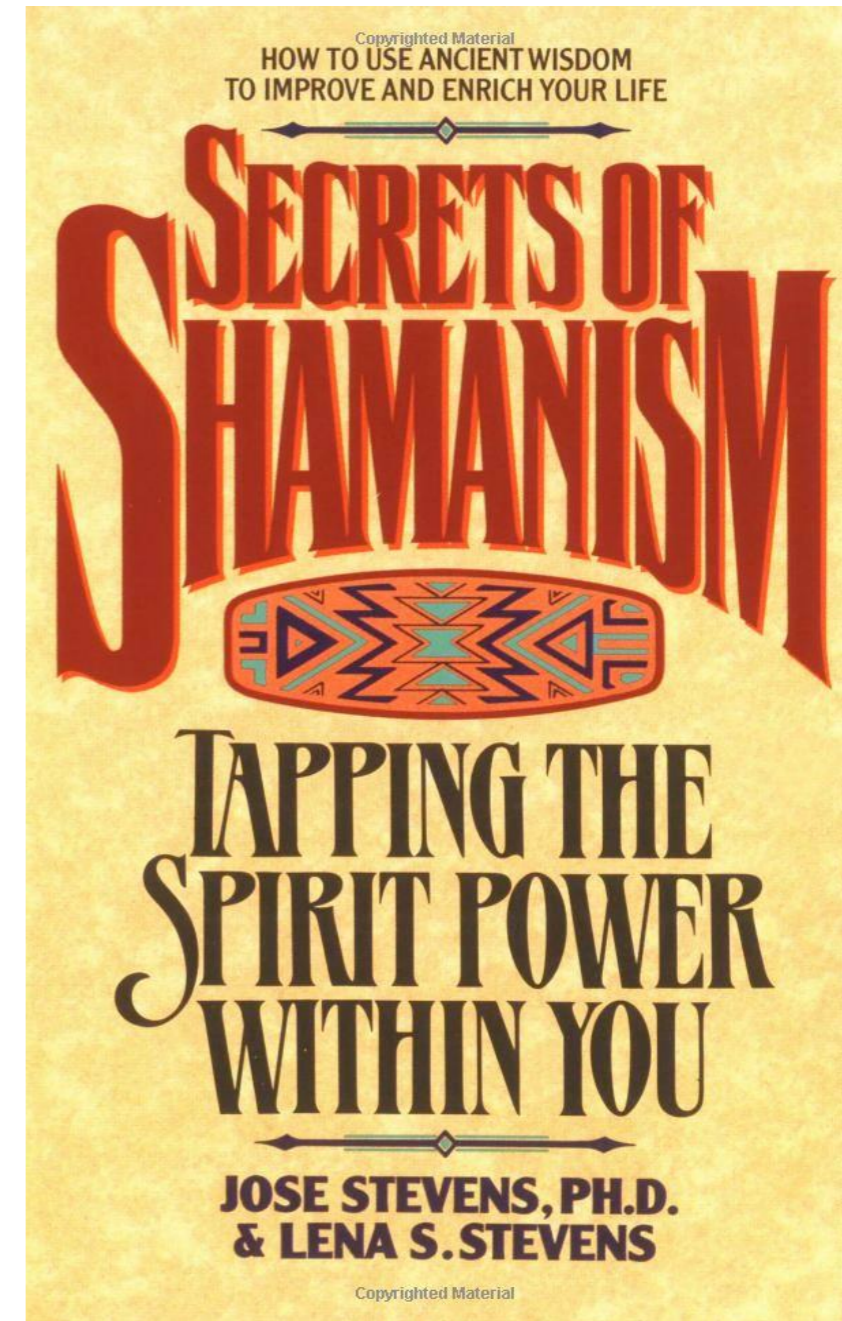
If you don't have a relationship with the power animal or have lost yours through neglect, the shaman would say you are very vulnerable and in a weak position. You have lost touch with your own animal nature.



How do shamans find their power animals in order to gain mastery?

First of all they do not select an animal and then go about establishing a relationship with it. The contact is made in reverse. The spirit of the animal selects the shaman. Historically, if a shaman survived the attack of a wild animal, it was felt that that animal was actually the shaman's totem spirit, testing him or her for strength and endurance. The animal demanded a sacrifice through the wounding. The shaman proved his or her dedication and capacity to handle the power of the guardian animal

Not all power animals come to the shaman in this dramatic fashion. However, typically, shamans discover their power animals by allowing them to emerge through a spontaneous dance or by seeing the animal in a vision. Others show themselves in dreams



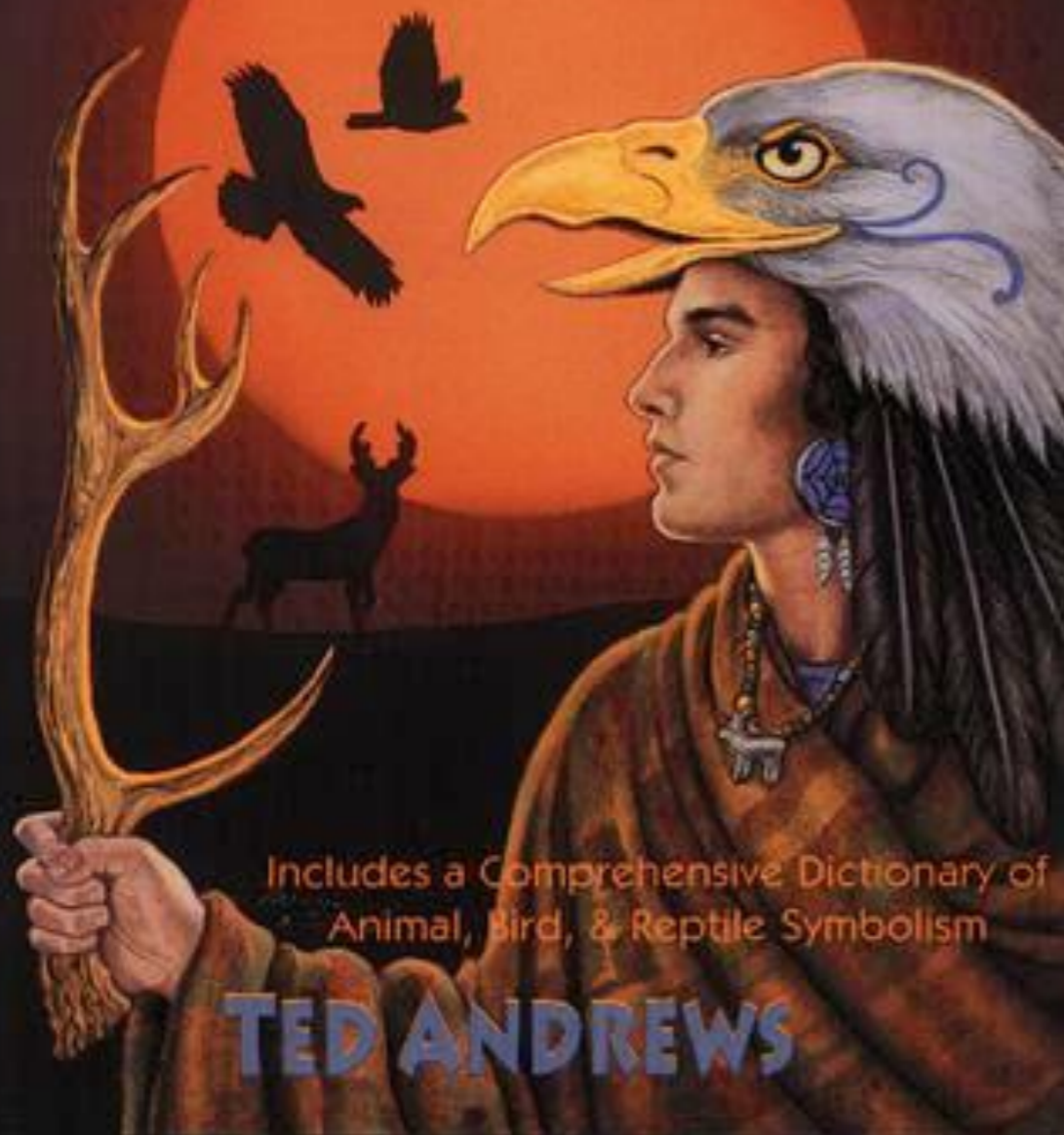


When a Robin comes into your life, you can expect new growth to occur in a variety of areas of your life—not in just a single area.

Sing your own song forth if you wish for new growth.

ANIMAL-SPEAK

The Spiritual & Magical Powers
of Creatures Great & Small



Includes a Comprehensive Dictionary of
Animal, Bird, & Reptile Symbolism

TED ANDREWS

POWER ANIMAL MEDITATIONS



NICKI SCULLY

ILLUSTRATED BY ANGELA WERNEKE,
ARTIST OF MEDICINE CARDS

SHAMANIC JOURNEYS WITH YOUR SPIRIT ALLIES

The randomness of the animal kingdom

I just wanted to share how the animal kingdom shows up in my life...from every home having a bunny (even if it takes a year for the last one to show up), a butterfly after a crazy hail storm and tornado, my pole dancing squirrel friend who is desperate to get the bird seed out of the feeder and my owl (aka Dove) who cooed and hooted at me every morning and evening in Lincoln, Nebraska...(it's a long story but know that I am a city girl and they hoot like owls!!)



When an animal brings you a sign...

On March 16, 2023, my husband suffered a traumatic brain injury. After a week in the ICU at the local hospital, I started the process of preparing to transfer him to Madonna Rehabilitation hospital in Lincoln, NE. When I told one of his neurosurgeons the news, that doctor then told me that it was unlikely that if he was moved that he would wake up and "as a matter of fact, if the nurses give him any medications, then he wouldn't make it 2 weeks". That doctor then left the room and I looked at my mother-in-law and just started crying. She was horrified that the doctor said that to us (as was I) and said, he wants to be the cowboy who saves Steve, the rehab hospital is what is best for him." This was on our 28th wedding anniversary. When visiting hours were over that day, we went to the house and I tried to sleep but couldn't, there were a lot of opinions about what was going on and how I should handle/do things. I was feeling overwhelmed and devastated. After tossing and turning most of the night, I finally just got up and went to sit on the sofa and drink some coffee. I sat there and asked for a sign, something that will let me know he will not only survive but thrive also. I think it was 4:30 in the morning and I had the curtains open, hoping to catch the sunrise when I see two little eyes glowing at me from the front porch. I thought it was the Tom cat that is always around our house and didn't think anything of it until a few minutes later, I realized that it hadn't moved. Just sat there looking at me until I gave it my attention...then it jumped down and I realized that it was a raccoon. When the sun came up and the others in the house were waking, I told them the story and where it happened and there was this key chain sitting right where the raccoon had been. I sent my daughter a picture of the key chain and told her what had happened, and she informed me that this looks exactly like the key chain that she lost in Kansas City after she moved. This was my sign that Steve was going to be ok, I didn't know how, but I knew that I had to trust this sign. Then we got a couple of cards while at the rehab hospital and they had the raccoon on the top right corner over the stamp, just a reminder to keep faith that all was going to be ok!



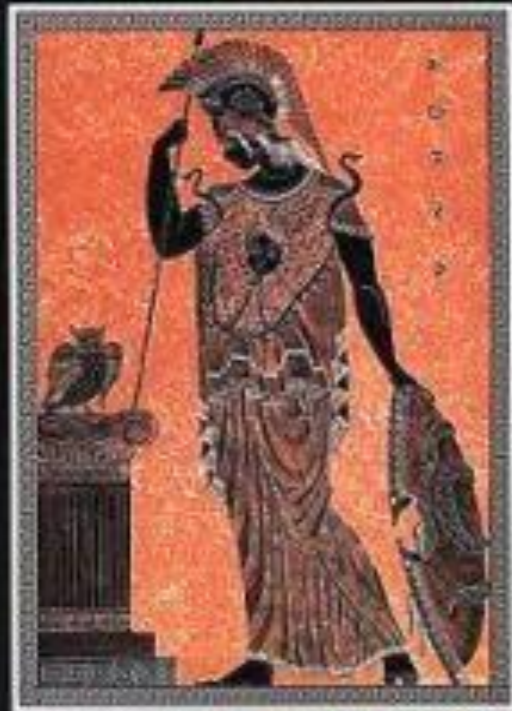


Your Journey Today's Animal Totem



THE CRONE ORACLES

Initiate's Guide to the Ancient Mysteries



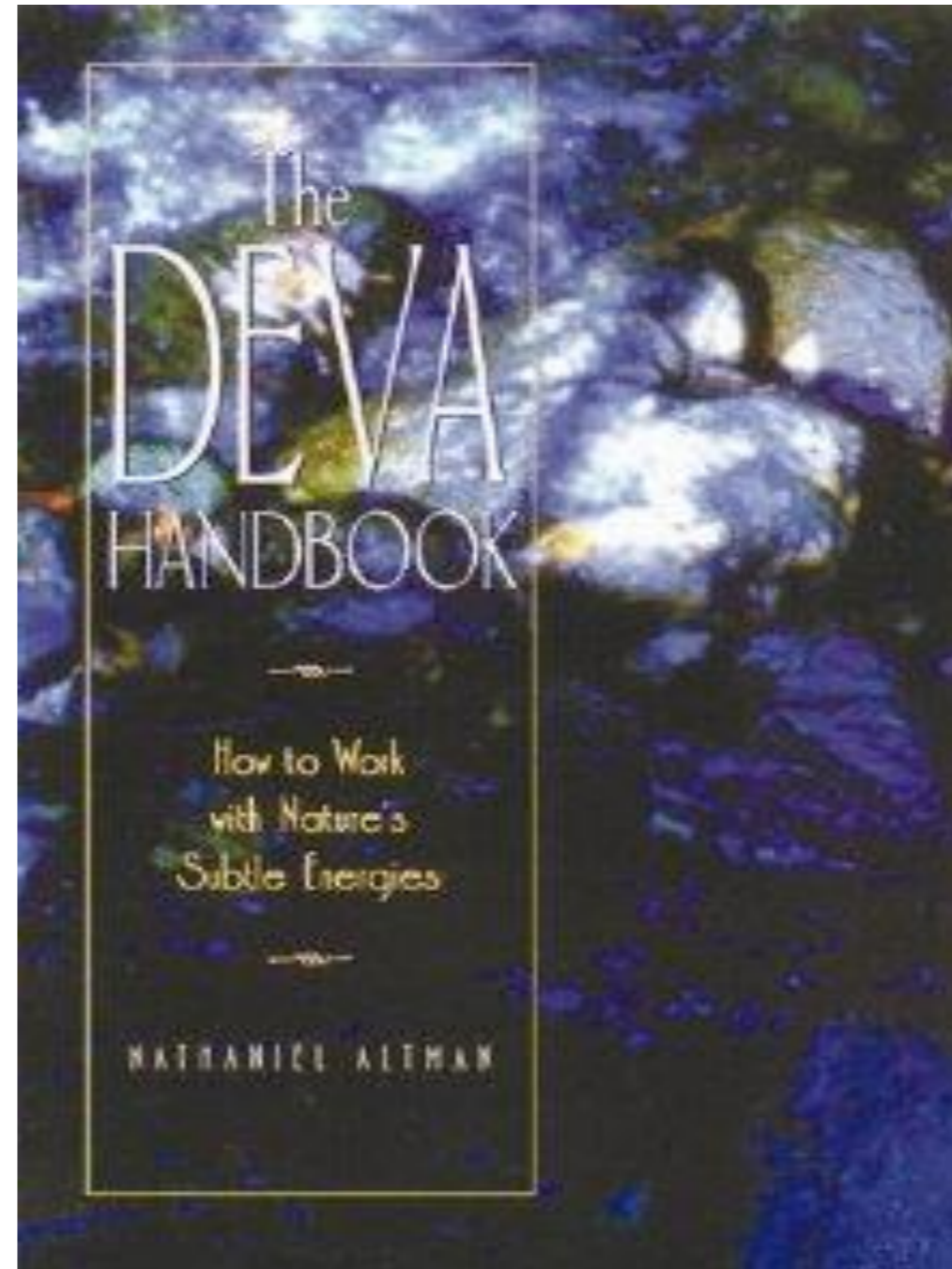
Victoria Ransom and Henrietta Bernstein

In the fifth initiation, we are opened to the ability to communicate to the deva world. The deva kingdom is comprised of the animating intelligence found in all levels of existence. They are the spirits of fire, water, earth, air, and higher consciousness.

Historically, elves, fairies, gnomes, sylphs, brownies, and all forms of “little people” are included in this kingdom. Kachinas (one of the deified ancestral spirits of the Hopi and other Pueblo Indians) and the spirits of the four directions, as well as the elementals found in nature.

Elementals
&
Devas from Each Element


Gnomes
Fairies
Water Nymphs
Angels



Findhorn.org

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what we do workshops education support us online community contact

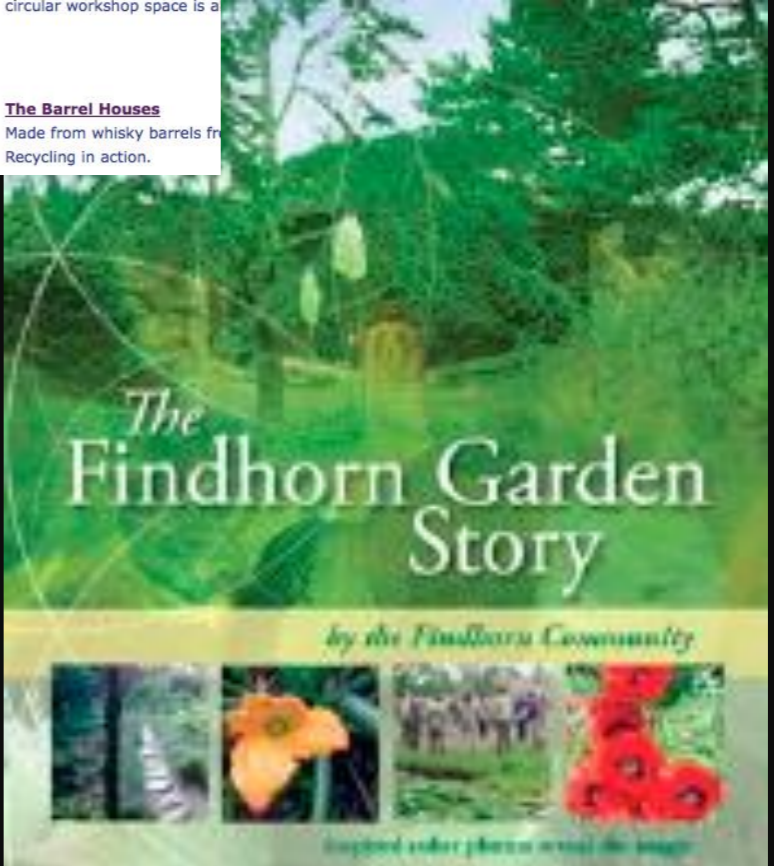


Virtual Tour

QTVR files for your
you will need Apple's
ersion 4 or higher
r MacOS). [Download](#)


Please choose a location to begin your virtual tour:

- **The Universal Hall**
Our performing arts centre and
our major events.
- **The Community Centre**
Where organic, vegetarian meals
to 250 guests and staff with
circular workshop space is a
- **The Barrel Houses**
Made from whisky barrels from
Recycling in action.



The
**Findhorn Garden
Story**

by the Findhorn Community



inspired by the plants around the house

Co-creation with nature

Eileen and Peter Caddy and Dorothy Maclean all followed a disciplined spiritual practice for many years before they came to live at Findhorn, and they continued their regular meditation times when they came to live at the caravan park.

In May, 1963 Dorothy Maclean received an insight from within as she meditated:

. . . The forces of nature are something to be felt into, to be reached out to. One of the jobs for you as my free child is to sense the Nature forces such as the wind, to perceive its essence and purpose for me, and to be positive and harmonise with that essence.

When Dorothy shared this insight with Peter, his idea was to apply to their fledgling garden what Dorothy learned from the forces of nature. Dorothy then received this insight:

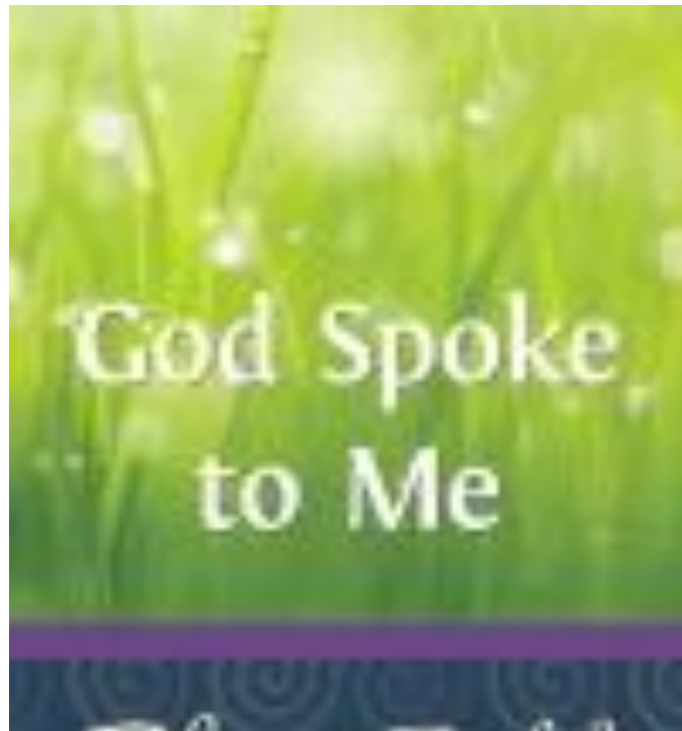
Yes, you can cooperate in the garden. Begin by thinking about the nature spirits, the higher overlighting nature spirits, and tune into them. That will be so unusual as to draw their interest here. They will be overjoyed to find some members of the human race eager for their help.



Dorothy Maclean

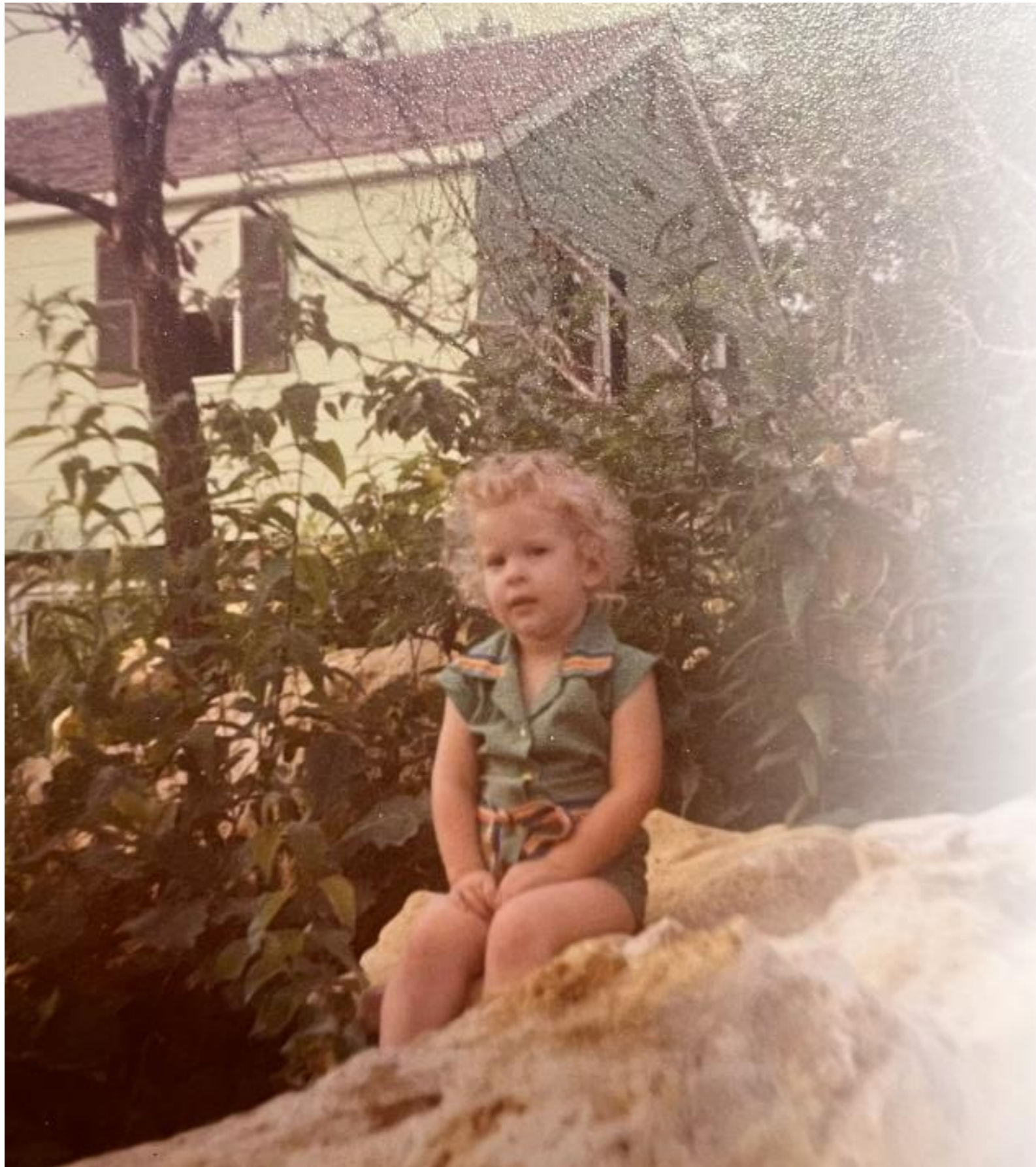


R Ogilvie Crombie



Angels, devas and elemental beings

Dorothy first attuned to the garden pea. As her communication with the forces of nature developed, Dorothy realized that she was in contact not with the spirit of an individual plant, but with the 'overlighting' being of the species, which was the consciousness holding the archetypal design of the species and the blueprint for its highest potential. She was experiencing a formless energy field for which there is no word. The closest word to convey the joy and purity that these beings emanated was the inaccurate word 'angel' (which in the west is full of form), and her first thought was to call them that. However, the Sanskrit term 'deva', meaning 'shining one' seemed more accurate and freer of cultural associations. In practice, she uses both words, although neither word is adequate. Peter and Dorothy applied the insights of the meditations to their work in the garden, and through this the Findhorn garden flourished. These were the first steps in the Findhorn Community's co-creation with nature.



This is me...

That is the house that my dad built when I was 3 years old. I had a lot of very strange experiences in this home, from vivid daydreams that I still very clearly remember to this day, to being stung by a nest of yellow jacket wasps.

But my strongest memory attached to this home is that my bedroom was the two corner windows you can see behind me and out of the side window you would see a hill with trees on it (would be up the hill to the right of the picture). I remember at night being called out to play by the "little people". They would wave at me and beg me to come out and play with them. To this day, I am not sure which of the "little people" they were, but I have always grouped them with the Gnomes.

Before I started classes with Kathy, I took an online course through Doreen Virtue (before she changed) and I became a Fairyologist. I learned a lot about fairies and other Deva. The thing that I remember most about the fairies is that they like fruits and nuts and sweets, pineapple and chocolate are a favorite. You do not want to get on their bad side and that they can be helpful when you are a good steward of the earth by recycling and taking care of the plant kingdom. They will never show themselves to you straight on, but you can see them in your peripheral, when they allow you to.


Look in the clouds & Miss Lucy

This is the second time that I have seen an animal in the clouds (probably more, but I have only caught 2 on camera! This first cloud picture that I ever took with a cell phone was of three elephants lined up attached by trunk and tails. I cannot find that elephant picture, but I am still searching! This second one, to me, looks like a dragon.

The picture below is of my niece Lucy. She is the sweetest and most creative little person and is now about to be six years old. Miss Lucy has always marched to her own drummer, and she has her quirks! She will sit for hours talking to the bees, flowers and bugs (because they are her friends) and when she was three her favorite color was black. Also at three, she informed my mom and I that "she never made it to fairy, she never got her wings." When we asked her what that made her, she responded to us like we had lost our minds or something and said, "a pixie of course!" She has never eaten any meat and she loves fruit and veggies (with dip). It's always been apparent that she is a newbie on Earth, and we are so lucky that she picked our family!







Your Journey
Today's
Devic
Message



Easy & Profound Elemental Guidance





Activate and
Integrate



Gratitude
Closure
Ground

