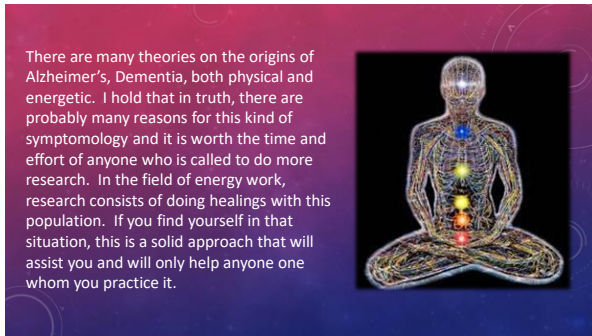




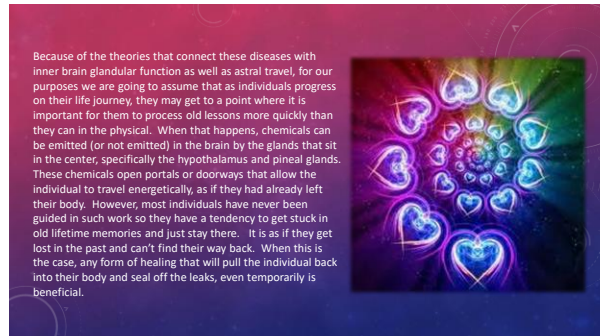
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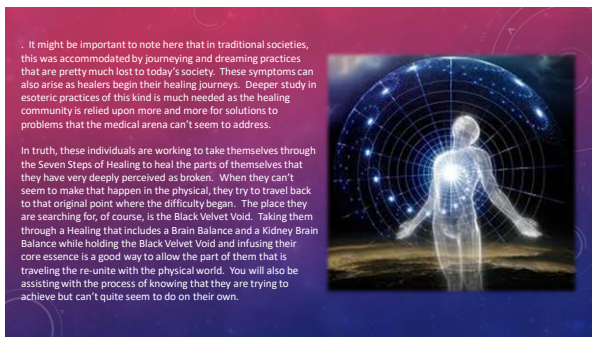
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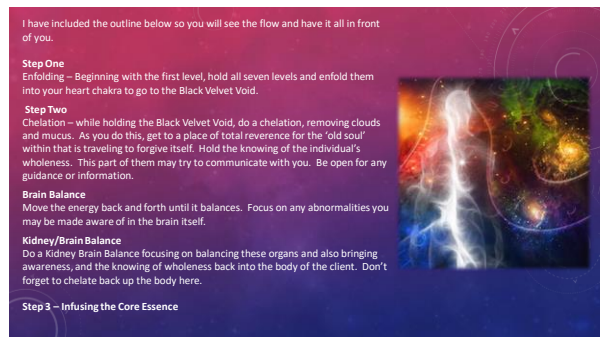
3



4



5



6

### Step 3 – Infusing the Core Essence

Connect with your own Hara Line.

Place your right hand on their taniien and your left hand on their soul seat. Sink deep and connect with their Hara Line. Then, set the following intention: "If it is in \_\_\_\_\_'s best interest, we set the intention to hold her/his core essence vibration in their body and energy field and to hold the awareness of it in their consciousness.



Connect with their Core Essence. Well it up through both hands until your vibration adjusts to that of the client. Expand it in a balloon out and over their entire body. You may want to "paint" the entire field, making sure the essence penetrates all levels, all the way through the back of the body and down through all of the energy bodies. You will have to step back as you do this.

Close with a 7<sup>th</sup> level golden egg grid from the side. This replaces the 6<sup>th</sup> level closing.

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### Seven Steps of Healing

I have included the seven steps of healing again here. You may want to go over them yourself so you have a working knowledge of them. It may help you communicate with the part of the individual that does not feel ready to return to the conscious physical world. Remember, with this type of client, you may or may not be able to communicate with them. They may or may not be able to be present with you for all of the procedures here. Any time you get with them "in the void" will be a blessing.



1. You are already whole.
2. You are unaware of your wholeness because of your belief system distortions.
3. There is in you already the knowledge to remove the distortions and live in awareness of your wholeness.
4. Align with your divine intention to experience you wholeness on a moment-to-moment basis and life it.
5. You don't have to change anything to be whole.
6. When you live in awareness of this, it will change the way you experience your life.
7. It's more fun to be in awareness of your wholeness than to be in ignorance of it.

8

## Questions



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