

Financial Sovereignty

Own Your Money Power

Section 1

Welcome to Financial Sovereignty 2!

It is my goal to DE-Mystify this topic! For too long we have allowed ignorance of these innate powers to block us and keep us small and ineffective. We came here to do **BIG WORK! Everything in the Universe is here to support us and IS on our side. IT NEEDS US to do this. It wants us to succeed.**

This wisdom is as close to us as our breath, and yet we have let it elude us.

As we begin to remember our roots and re-connect ourselves to our planet, and our divine essence, we will find that all our needs are met from a mostly undiscovered place: within.

This topic is so important for us now because...



Kathy Forest, MS CHT



Economics is
One of the
Major Keys to
Global Equality
And Economic
Liberation ~
For all of us,
*but especially
for women!*



Deep inside of you is a **Source**, a Flow, that can help you **stand in your financial** power making economic and life choice from your authentic core. That core, that **SOURCE is FEMININE!** This part of you connects you to your inner guidance and gracefully expands your ability to receive so that you can **“flourish as your best self in the world.”**

You might consider this part of you your **Divine Feminine Source: your own personal Inner Money Goddess.** What distinguishes her from other “goddesses or even money goddesses” is that she **BELONGS TO YOU AND YOU ALONE! SHE IS YOU!**

Through **HER** connection to **the natural world and clear flowing SPIRITUAL SOURCE**, she helps you create from your inner truth in ways that uplift those around you and contribute meaningfully to the world at large. This class is designed to make sure that connection within **YOU** is firmly established so you can flourish, thrive, and **DO WHAT YOU CAME HERE TO DO!**

Sacred Teachings...

The very best use of this course is to create a new way of life,
A new way of thinking...New Habits...A new Context...A wealth conscious
It is not our circumstances or karma or astrology or numerology, any other outside force that
determines what our lives become...IT IS OUR CHARACTER, which we have total control over.

Our focus determines our thoughts.

Our thoughts determine our beliefs.

Our beliefs determine our feelings and emotions.

Our emotions determine our actions.

Our actions determine our habits.

Our habits determine our character.

Our character determines our destiny.

So if we shift your character, we shift your destiny



Name:

Date:

Program Intention:



Invoking the
Sacred



Activate Your
Intention

Open to Receive



Crystalline Grid Activation



What is the Crystalline Grid?

Intentions for this Process:

- Connection to the Grid
- Gentle and Easy Learning
- Activation of Personal Intentions
- Connection to Our Inner Feminine Money Goddess
- Increased Financial Flow



Financial Sovereignty

Section 1

- Understanding the nature of Money
- Understanding the difference between feminine and masculine ways of looking at money, and why it is important.
- Restructuring our thoughts around money.

Best Way to Use this Training

- Refer back to Your Intention
- Lean into Resistance
- Set aside time to work on it!
- Commit to the process



New Concepts...

What happens inside of you when I say,

- *Wealth is Spiritual*
- *Money is Love*
- *The Nature of Money is Feminine...*





Sacred Teachings...

Seeing Money as Sacred can only happen when you realize one of the Sacred Goddess truths that we may have forgotten:

Wealth is Spiritual
It is Invisible, Infinite and Within You

This is not a journey to add anything to us...it is not a journey about “getting rich.” Because you can’t get what you have already got. All the riches of the Universe are already within you. That is not merely metaphorical. That is actually the truth. You already are it. You can never lose it. It can never be broken. It can never die. Everything that you need to give your unique gift to the world is housed within you. This program is about letting go of all the false beliefs that have kept it hidden...about waking up to the truth and making it welcome.

Finding Your Music

Just like music on a radio station, your wealth and abundance is playing all the time. You are surrounded by it. But when you aren't tuned in to that frequency, you can't hear it. It is not manifesting in your physical experience. But when you "tune in," to the station, when you vibrate with it, suddenly, it is present right where you are. This class is about helping you develop practices and habits that will increase your ability to tune into that frequency on a regular basis, as naturally as breathing. In fact, we want to develop habits and ways of life that permanently establish us on that new station.





Opening the Money Flow...

- The flow of Money is inherently feminine.
- Anything that restricts the flow of positive uplifting feelings, restricts financial flow.
- Our job is to open to receive it.
- Our thoughts and belief systems inform our emotions and vice versa.
- Mining the storehouse of memories can help us identify blockage and move them.



My feelings about money as I begin the Financial Sovereignty Program are:



My feelings about myself as I begin the Financial Sovereignty Program are:



- *What did my mother say about money?*
- *What did my father say about money?*
- *What was money like for you growing up?*



➤ *Feel into your body and your emotions...*

➤ *Where are your constrictions?*



Money Beliefs SHIFT



*Dance to Release
Your False Beliefs
Around Money*

Goddess Teachings ~ Money Teachings – LOST!

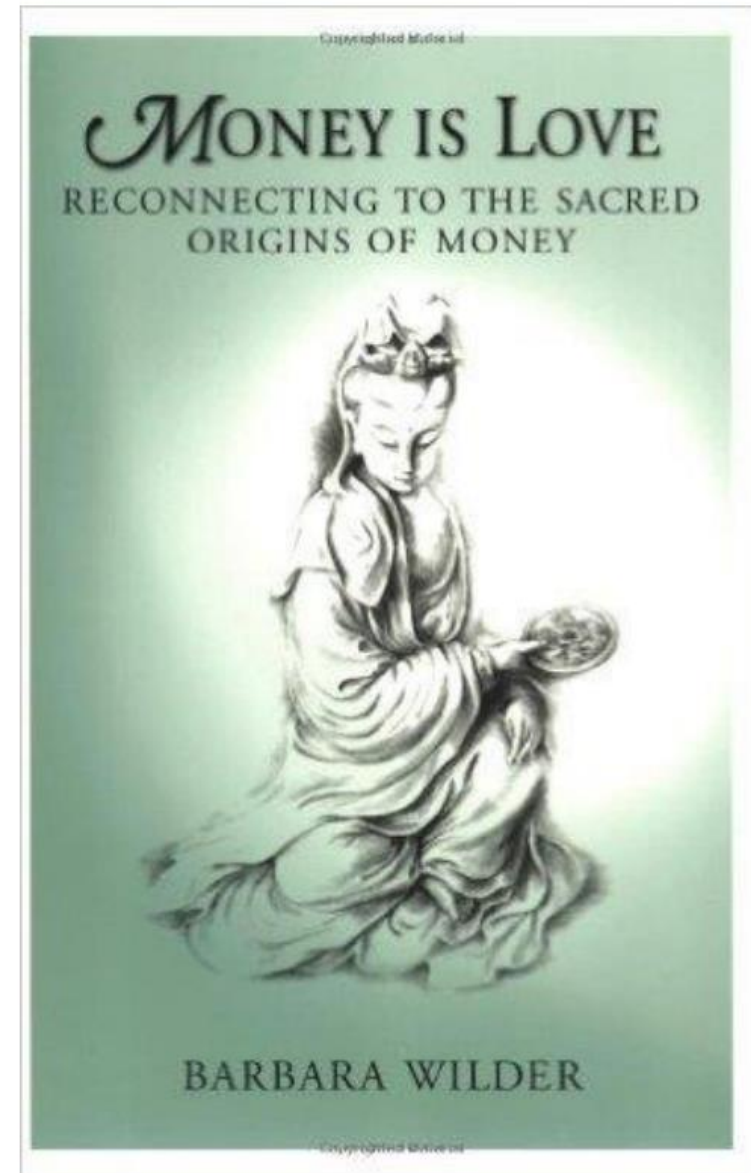


Money's Original Origin is Divine...

Early in human history, before Goddess worship was demonized...

"...The sun and moon were not representatives of gods, but gods themselves. The lunar goddess and the sun god lived within the moon and the sun, not as separate entities, but as integrated spirits. Gold and silver metals were understood to be extensions of the spirits of the celestial divinities...Because of the sacred origin of gold and silver, these metals were initially used only in tribute to the gods." As time went on coins began to replace grain as a means of exchange. But "money, still wholly sacred, became the connecting bridge between the spiritual and the material world."

During this time, the world and material goods flourished. The belief of "money as the link between Heaven and Earth lasted well into the Roman period."





In 390 BC, the Gauls launched a siege against Rome. The story goes that a flock of Juno's sacred geese began to make a racket as the Gauls tried to sneak up on the Temple of Capitoline Jupiter, warning the Romans and saving the day.

After the incident involving her geese, Juno was known as Juno Moneta or "Juno who warns", which eventually became "Juno who protects funds", due to the fact that her warning kept the coins safe. This aspect of Juno became so important to the Romans and she became so identified with protecting funds that a temple was built specifically for Juno Moneta in 344 BC. This temple became Rome's primary mint, where all coins were created and stored. Thus, Rome's currency, and the currency of the Western World at that time, were intimately tied to one of the three most important gods of Rome, Juno, the Queen of gods and men.



In ancient times, among the pagans, the idea of money and worship were embraced. Romans worshiped their goddess for the sake of money. The money flowed out from her temple and often had her likeness on the coins. They never gave it a second thought.

For almost a thousand years it was clear to the Romans and their subjects throughout the known world, Juno Moneta was all about the money.



Something to Ponder...

When the coins were about to be stolen from the temple, these folks weren't worried that their bank was about to be robbed. They weren't concerned for their material welfare. They were afraid that their connection to the Goddess was about to be taken. That tangible, physical evidence of their connection to the Divine was about to be usurped.

As long as that connection was stable—their life prospered, their material needs were met (not by the exchange of these coins), nature stayed in balance. They didn't need to hoard the coins or stockpile them. Rather they needed to be in right relationship with Who they represented. They were a vibrational reminder of that connection.

The degree of your wealth is measured by the degree to which you KNOW that the abundance of all creation is pouring through you to the world at all times.

The out-picturing...the demonstration in the physical, matters not. It is the degree to which YOU KNOW that you are the opening for it to flow through. From that perspective it is only yours to:

- Make it welcome (prime the pump);
- Point yourself in the direction where you want to pour forth your blessings upon the world; and
- Open the flow – remove the obstructions.





Module 1 Homework

- Track Your Income!
- Say your new money belief everyday 3 times a day.
- Journal about money everyday!
- Stay out of contraction...pay attention to when you feel yourself restricting or thinking negatively about money and recite your new money belief.
- Keep your vibe high
- Keep tracking your income!



Integrate

Financial Sovereignty

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Next Week: Section 2