

Financial Sovereignty 3

Connecting Money & Soul

Financial Sovereignty 3 – Part 4

When you think about Money, what happens inside of you?

- What is the first emotional response?
- Do you find yourself avoiding thinking about money?
- Do you know how much money you have in your bank account right now?
- Do you find yourself avoiding looking at your bills?
- Do you keep any cash at home?
- Do you feel safe and secure when it comes to your finances? Why or why not?
- Do you find yourself avoiding taking care of your finances?
- If you think of Money as a friend or a lover, how would you rate your relationship on a scale of 0-10, 10 being "in love!"?



Month: _____

1st	\$	17th	\$
2nd	\$	18th	\$
3rd	\$	19th	\$
4th	\$	20th	\$
5th	\$	21st	\$
6th	\$	22nd	\$
7th	\$	23rd	\$
8th	\$	24th	\$
9th	\$	25th	\$
10th	\$	26th	\$
11th	\$	27th	\$
12th	\$	28th	\$
13th	\$	29th	\$
14th	\$	30th	\$
15th	\$	31st	\$
16th	\$	Total:	\$



What do you really want?

- Take a moment and close your eyes.
- Drop into your heart of hearts.
- Relax.
- Ask yourself what do I really and truly want when it comes to my relationship with money.
- Pull out your journal and begin writing.
- Imagine what it would FEEL like if what you just wrote had already happened. How would you feel?

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From what you have written, formulate an intention...

Remember, intention is a combination of both your Mental Body and your Emotional Body...you have to think it, but then you must feel it.

Now on a clean empty page write a big M at the top of the page and draw 2 squiggly lines around it, one for mental and one for emotional.

M

Intention

Emotion

Then write 4-5 outcomes you would like to see, and 4-5 emotions you would feel if these were true.

The M at the top is the symbol you are going to take into the quantum field any time you do the Quantum Field meditation.



SOURCE LIGHT DAILY CONNECTION PROTOCOL

I acknowledge and connect to my **Source Light Center Point**.

I shine my **Source Light** through my **Golden Spiral** to my energy body to connect with and activate my **Source Light Energy Field** for this day.

I choose the vibrations of protection and harmony throughout this day.

I activate within my Merkabah the harmony of the Sacred Geometries of this planet.

I infuse into my **Source Light Point**, **Golden Spiral**, and **Source Light Energy Field** the actuality of (State Desired Outcomes).

I infuse into my **Source Light Point**, **my Golden Spiral**, and my **Source Light Energy Field** the frequencies of (State Frequencies or Pull Cards).

I activate the harmonies of these geometries, outcomes, and frequencies within my Source Light Energy Field, and shine these energies into my world to bless everyone, everything, and every situation I meet.

I ask to connect to my personal **Source Light Energy Point** and my **Source Light Energy Field** and my field to connect to and through the **Source Light Energy Field of Gaia**.